

## Honors Double Major in Kinesiology Bachelor of Arts (BA)

**5.0 1000 level credits including Kin 1050A/B, 1060A/B, 1070A/B, 1080A/B and Physiology 1021.**

|  |   |   |
|--|---|---|
| Kin 1050A/B<br>Social Foundations of Kinesiology | Kin 1060A/B<br>Functional Human Gross Anatomy | Kin 1070A/B<br>Psychology of Human Movement Science |
| Kin 1080A/B<br>Psychomotor Behaviour             | Physiology 1021                               |   |
|  |   |   |

**1.0 Kinesiology credits. Must be taken year 2**

|                                    |                             |
|------------------------------------|-----------------------------|
| Kin 2230A/B<br>Exercise Physiology | Kin 2241A/B<br>Biomechanics |
|------------------------------------|-----------------------------|

**1.0 Kinesiology credits.**

|                                       |  |                                       |
|---------------------------------------|--|---------------------------------------|
| Kin 2236A/B<br>Athletic Injuries      | Kin 2250A/B<br>Social Foundations of Sport and Physical Activity | Kin 2261F/G<br>Canadian Sport History |
| Kin 2276F/G<br>Psychology of Exercise | Kin 2292F/G<br>Critical Thinking & Ethics in Kinesiology         | Kin 2298A/B<br>Sport Management       |
| Dance 2270A/B<br>Dance Improvisation  |  |                                       |

**0.5 Kinesiology credits. Must be taken in year 2.**

|  |
|--|
| Kin 2032A/B<br>Research Design in Human Movement Science |
|--|

**0.5 Statistics credits. NOTE: If taken as part of 5.0 first year credits, then choose any elective.**

|  |
|--|
|  |
|--|

**1.0 Kinesiology credits from the list below (not previously selected).**

|  |  |  |
|--|--|--|
| Kin 2250A/B<br>Social Foundations of Sport and Physical Activity | Kin 2261F/G<br>Canadian Sport History                    | Kin 2276F/G<br>Psychology of Exercise          |
| Kin 2292F/G<br>Critical Thinking & Ethics in Kinesiology         | Kin 2298A/B<br>Introduction to Management in Kinesiology | Kin 3362F/G<br>Olympic Issues for Modern Times |